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## Land, Water & Wildlife Expeditions

### What to Bring

#### Clothing:

- ☛ Shirts
- ☛ Pants/Shorts
- ☛ Headgear: Cap or Hat
- ☛ Underwear
- ☛ Hiking Boots or Shoes
- ☛ Rainwear
- ☛ For Colder Weather – Gloves, Insulated Jacket, Hooded Sweatshirt, Cold Weather base layer

#### Supplies:

- ☛ Bedding: Sleeping Bag, Sheets, Pillow, etc.
- ☛ Sleeping Pad/Air Mattress
- ☛ Camp Chair
- ☛ Sunscreen
- ☛ Insect Repellant
- ☛ Reusable Water Bottle
- ☛ Reusable Mug
- ☛ Flashlight/Headlamp
- ☛ Extra Food/Snacks
- ☛ Extra Clothes (In case of inclement weather)
- ☛ Sunglasses
- ☛ First Aid Kit (Optional)